

# Beach Essentials

Don't leave home without them!

- 1) Hats or visors for everyone
- 2) Baby powder – a light sprinkling will remove stuck on sand!
- 3) Antiseptic foam – fast first aid for cuts and scrapes
- 4) Antibacterial wipes – easy way to clean up hands and faces!
- 5) SPF lip balm – protects lips, ears and eyelids
- 6) Sunscreen (>SPF15) to keep everyone burn-free!

